What to Do If Your Clothing Catches Fire

Olympia – Wearing loose clothing around open flames increases the risk of burns and other injuries. The State Fire Marshal’s Office recommends you keep loose clothing away from heat sources especially when cooking, lighting fires in a fireplace or fire pit, or using candles.

If you find yourself in a hazardous situation, remember this old saying still applies: Stop, Drop, and Roll.

- Stop. Moving may allow the fire to spread and delays extinguishment.
- Drop to the ground.
- Cover your face with your hands.
- Roll over back and forth over and over until the fire is out.
- Once the flames are out, remove any loose clothing that has not been burned. Do not remove burned clothing that is stuck to the skin.
- As necessary, seek immediate help or call 911.

For more information, contact the State Fire Marshal’s Office at (360) 596-3929.

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