

**WASHINGTON STATE
STANDARDIZED FIELD SOBRIETY TESTING
INSTRUCTIONS AND CLUES**

HORIZONTAL GAZE NYSTAGMUS

1. I am going to check your eyes. (Please remove your glasses.)
2. (Are you wearing contact lenses?) Keep your head still and follow this stimulus with your eyes only.
3. Do not move your head.
4. Do you understand?
5. Position stimulus approximately 12" - 15" in front of eyes.
6. Check for equal tracking.
7. Check for equal pupil size.
8. Check for resting nystagmus.
9. Check for the following clues, beginning with suspect's left eye:

BLINDNESS: NONE LEFT EYE RIGHT EYE	TRACKING: EQUAL UNEQUAL	EYES: NORMAL WATERY BLOODSHOT OTHER
ABLE TO FOLLOW STIMULUS YES NO	RESTING NYSTAGMUS YES NO	EYELIDS: NORMAL DROOPY
HORIZONTAL GAZE NYSTAGMUS		
	L-EYE	R-EYE
LACK OF SMOOTH PURSUIT		VERTICAL NYSTAGMUS YES NO
DISTINCT AND SUSTAINED NYSTAGMUS AT MAXIMUM DEVIATION		CORRECTIVE LENS: NONE GLASSES CONTACTS HARD SOFT
ONSET OF NYSTAGMUS PRIOR TO 45 DEGREES		PUPIL SIZE EQUAL UNEQUAL (EXPLAIN)

10. Check for vertical nystagmus.

WALK AND TURN INSTRUCTIONS

1. Put your left foot on the line. (Demonstrate)
2. Put your right foot on the line ahead of the left foot, with the heel of your right foot touching the toe of your left foot. (Demonstrate)
3. Place your arms at your sides and keep this position until I ask you to begin. (Demonstrate) Do not start to walk until I tell you to do so. Do you understand?
4. When I ask you to start, take nine heel-to-toe steps down the line, turn around, and take nine heel-to-toe steps back. (Demonstrate 3 steps)
5. When you turn, keep your front foot on the line, and turn by taking a series of small steps with the other foot. (Demonstrate)
6. Once you are walking, watch your feet at all times, count your steps out loud, and keep your arms at your sides.
7. Once you start walking, do not stop until you have completed the test. (If suspect inquires, say "Count the first step from the heel-to-toe position as step one.")
8. Do you understand?

Scoring Clues:

Instruction

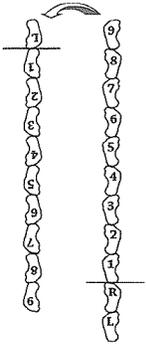
Cannot keep balance _____

Phase:

Starts too soon _____

Walking Phase:

	1st NINE	2nd NINE
Stops while walking		
Steps off line		
Wrong number of steps		
Misses heel-to-toe		
Uses arms to balance		
Improper turn		

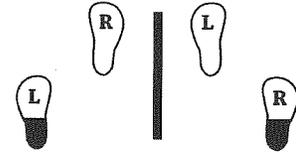


Description of Improper Turn

ONE LEG STAND INSTRUCTIONS

1. Stand with your feet together and your arms down at your sides. (Demonstrate)
2. Do not start the test until I tell you to do so. Do you understand?
3. When I tell you to begin, raise one leg (either leg), with the foot approximately 6 inches off the ground, keeping your raised foot parallel to the ground. (Demonstrate)
4. While holding this position, count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on, until I tell you to stop. (Demonstrate)
5. Keep your arms at your sides at all times and keep watching your raised foot.
6. Do you understand?
7. You may begin the test.

(Officer times the suspect for 30 seconds.)



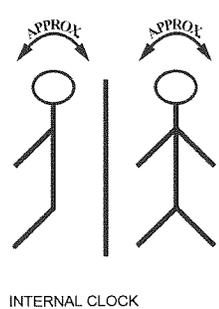
Scoring Clues:

- | | | |
|-----|-----------------------|-----|
| () | Sways while balancing | () |
| () | Uses arms to balance | () |
| () | Hopping | () |
| () | Puts foot down | () |

MODIFIED ROMBERG BALANCE

1. Stand with your feet together and arms down at your sides. (Demonstrate)
2. Do not perform the test until I tell you to do so. Do you understand?
3. When I tell you, I want you to tilt your head back, close your eyes when I say "begin," and estimate the passage of 30 seconds. When 30 seconds have passed, tilt your head forward, open your eyes, look at me, and say "STOP."
4. Do you understand? (Officer times suspect with watch.)

Scoring Clues:



- Inability to stand still or steady
- Swaying (estimate inches)
- Actual seconds used
- Body tremors
- Eye lid tremors
- Muscle tremors
- Sounds or noises made

5. How long (time frame) was that?

6. How did you come to that point?

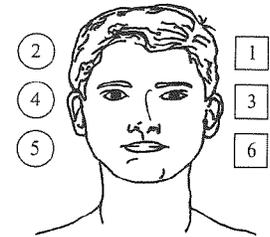
FINGER TO NOSE

1. Please stand with your feet together, arms at your sides with your index fingers pointed, and palms facing out.
2. Do not start the test until I tell you to do so.
3. Do you understand the instructions so far? (Make sure suspect indicates understanding with verbal response.)
4. When I tell you to start, tilt your head back and then close both eyes. (Do not demonstrate due to officer safety reasons.)
5. When I tell you to, bring the hand you are directed to upward, touching the tip of your finger to the tip of your nose.
6. After touching your nose, immediately bring your hand back down to your side.
7. Do you understand all the instructions so far? (Make sure suspect indicates understanding with verbal response.)
8. Conduct the test in the following sequence – left, right, left, right, right, left.

Scoring Clues:

- Swaying
- Unable to touch end of nose
- Did not use tip of finger
- Eye lid tremors
- Muscle tremors
- Opens eye

RIGHT LEFT
DRAW LINES FROM SPOTS TOUCHED



- | | | |
|--|-------|----|
| 1. Do you have any physical defects? | YES | NO |
| 2. Do you limp? | YES | NO |
| 3. Are you sick or injured? | YES | NO |
| 4. Are you under the care of a doctor or dentist? | YES | NO |
| 5. Have you taken any medication/drugs in the past 24 hours? | YES | NO |
| a. What? | _____ | |
| 6. Is there anything mechanically wrong with your vehicle? | YES | NO |
| 7. Have you been drinking alcoholic beverages? | YES | NO |
| a. What? | _____ | |
| 8. How much? | _____ | |
| a. When did you start? | _____ | |
| 9. Who have you been drinking with? | _____ | |
| 10. Where were you drinking? | _____ | |
| 11. Time of last drink? | _____ | |

If impairment other than alcohol is suspected, call for a Drug Recognition Expert (DRE) through WSP Communications.